



A SURGICAL SPECIALTY HOSPITAL FOR CENTRAL TEXAS

Northwest Hills Surgical Hospital has been proudly caring for patients since 1995. Since starting our operations in 1995, we have been able to establish ourselves as the premiere surgical specialty hospital for Austin and the Central Texas Region.

Northwest Hills Surgical Hospital was developed by to offer safe, high-quality surgical care with more patient convenience than a traditional large hospital. Experienced physicians, nurses, and technicians use the latest technology that allows most patients to go home the same day after surgery. We are part of Surgical Care Affiliates, which is the nation's largest ambulatory surgery center company.

Each day we demonstrate our mission to create a patient-centered environment delivered by compassionate and caring professionals. We are a values-based organization with a focus clinical excellence and high quality care.

Clinical Quality – We are committed to outstanding patient care and clinical outcomes.

Service Excellence – We seek to exceed the expectations of patients, physicians, and each other in everything we do.

Teamwork – We work together, helping and supporting one another to make our Centers, Departments, and all of SCA successful.

Accountability – We take complete, personal responsibility for our actions and commitments.

Continuous Improvement – We seek to improve our performance in every area: clinical, operational, and financial, constantly pushing ourselves to new heights.

At Northwest Hills, we truly believe in caring for our patients and their family members as if they were our own family. Our team of board certified Physicians, nurses and technicians are committed to exceeding your healthcare needs and expectations. We look forward to serving you.



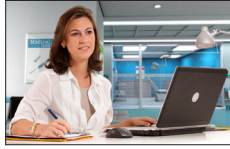
We have an on-line spine encyclopedia at NorthwestHillsSurgical.com with physician bios and information about symptoms.



INFORMATION FOR PATIENTS

ADMITTING

You will receive a pre-admission packet from your physician when your procedure is scheduled. The packet contains forms that can be completed before you arrive for surgery. Additional information is provided to make your stay at Northwest Hills Surgical Hospital as enjoyable as possible.



Pre-admission testing is offered Monday through Friday and should be scheduled by your doctor if it is needed. During pre-admission appointment, you will be interviewed by a nurse who will check your health history, take your vital signs, and order lab work and EKG as indicated. One of our staff MD anesthesiologists may wish to visit with you at this time.

PRE-OP / RECOVERY

We will prepare you for your surgery in the pre-op area where you will be informed about what to expect before and after your procedure. Our goal is to minimize any anxiety you may have by discussing the details of your visit. After vital signs and health history are both taken and an overall assessment made, an intravenous (IV) line may be started, pre-op medications given, EKG completed, and labs ordered. You will then meet with the anesthesiologist. If indicated, a nerve block or regional anesthesia may be administered under conscious sedation.

PHYSICIAN ANESTHESIOLOGIST

Your Northwest Hills Surgical Hospital experience begins before you even arrive at our doors. A pre-admission testing Registered Nurse, working under the direction of one of our board certified physician anesthesiologists, will call you before your procedure to answer your questions and to learn about your medical condition and current medications. You will also be advised about which medications should be taken the morning of your surgery, when you should stop eating and drinking, and when you should arrive at the hospital. The physician anesthesiologist will be at your side from the time you enter the pre-op holding area until you are placed in the recovery unit, skillfully administering the anesthetic plan that has been formulated to best suit you and your surgeon's needs.



OPERATING ROOM

The physicians on staff at Northwest Hills Surgical Hospital perform an array of surgeries and procedures on both an inpatient and outpatient basis. Our board certified MD anesthesiologists will care for you individually throughout your operation. You and your family will also benefit from a nurse-to-patient ratio that equals one nurse for every three patients.

RECOVERY / POST ANESTHESIA CARE UNIT

The Post-Anesthesia Care Unit is comprised of two phases: Phase I is a calm environment, where you will emerge from anesthesia. Here we begin to address pain control, prevent and/or treat nausea and deliver warming therapies.

The Aldrete Scoring System is used to evaluate your readiness to move to Phase II recovery, where we discuss home care and pain management instructions.

INPATIENT UNIT

The goal of our inpatient unit is to foster a quick recovery by managing your pain, keeping you comfortable, and informing you about what to expect during your stay at the hospital and when you return home.

Our one-to-three nurse-to-patient ratio allows our nurses to give you a lot of close attention and provide careful management of your pain. We work hard to prevent you from having to wait to have your needs met.

We will also spend plenty of time with you and your family so that everyone is well informed about your new medications and your post-operative care. As necessary, we will help you make arrangements for special equipment or at-home services to ensure a safe and speedy recovery.

PHARMACY / LAB

Our pharmacy delivers the same personal and accessible care that you will experience throughout the hospital. Our small setting enables us to get to know you so we can better serve you and meet your medication needs.

Our pharmacists are available to discuss the medications you are prescribed for your procedure and those you normally take at home.

If you will be staying the night with us, we will sit down with you and your family to talk about your usual medication regimen. We will review your medications to check for potential drug interactions and will work with your doctor and healthcare team to make sure your regular medicines are continued throughout your stay.

We will review all orders for medications and double-check them to make sure you receive the correct medication at the correct dose.

We are available day and night to offer guidance to the doctors and nurses on medication-related issues. A full-service laboratory with on-site blood bank is staffed 24/7 by friendly, courteous professionals.



OUR PHYSICIANS

GENERAL SURGERY

Joseph Garcia, M.D.
Kevin O'Farrell, M.D.
Stephen Hanschen, M.D.
Rebecca Freer, M.D.
Semyon Gambarin, M.D.
Michael Regan, M.D.
David McFarland, M.D.

PLASTIC SURGERY

David M Mosier, M.D.
Steven Holzman, M.D.

BREAST SURGERY

Kelly Martinez, M.D.

SPINE SURGERY

James L Smith, M.D.
Okay Atilla Onan, M.D.

ORTHOPEDICS

Michael W. Burris, M.D.
Omar H. Akhtar, M.D.
Sean M Gallagher, M.D.
Darryl B Thomas, M.D.
Carolyn M Hyde, M.D.
Ted D Spears, M.D.

PAIN MANAGEMENT

S Mathew Schocket, M.D.
Neal H Blauzvern, D.O.
Hans E Bengston, M.D.

GASTROENTEROLOGY

Thomas S Mchorse, M.D.

OB / GYN

Sharyl R Brasher-Giles, M.D.
Steven K Solomon, M.D.
Robert S Hughes, M.D.
Guy V Blumhagen, M.D.
Rosa Moreno, M.D.
Alinda Cox, M.D.
Robert Cosentino, M.D.
Paul Bushart, M.D.
Diane Brinkman, M.D.

PODIATRY

Vikas A Godhania, D.P.M.

OPHTHALMOLOGY

Stephen Smith, M.D.
Shelley Day, M.D.
Mark Levitan, M.D.
Jose Agustin Martinez, M.D.
Clio Armitage Harper, III, M.D.

EAR, NOSE, THROAT

Robert Nason, M.D.
Steven Trey Fyfe, M.D.
Kent Jones, M.D.